

COVID 19 PROTOCOLS

Alm High's 2021 Camps Program is making an array of changes to our programming, policies/procedures, and overall structure of our camp in light of guidelines established by the Oregon Health Authority. Please refer to a summary of these changes below. For more information, please visit www.almhighma.org/camps

- Stable Groups change weekly
- Each Stable Group has its own space, staff, and supplies
- Stable Group 1: Hosted at Alm High Martial Arts (16205 NW Bethany CT, #100)
- Stable Group 2: Hosted at Alm High PDX (16500 NW Bethany CT, #150)
- Contactless temperature screenings upon arrival
- Parents/Guardian text/call for drop-off/pick-up
- Parents/Guardian remain in vehicle for drop-off/pick-up
- Programs/materials/activities will be identical for both groups
- Social Distancing practices will be observed whenever possible
- NO toys, books, backpacks, or items from home
- AHAMA Events will not utilize volunteers during Summer 2021
- Items permitted: water, closed-toe shoes, and lunchbox
- Staff will wear masks during snack, meal breaks, crafts, and other times when within 6 feet
- No offsite field trips

"Stable Groups" of 10 campers

Parents will receive an email 1 WEEK PRIOR to the start date of their child's camp with information regarding Stable Group assignments and other important details. For a complete overview of our new policies in response to the guidelines set forth by the Oregon Health Authority, please refer to our website www.almhighma.org/camps

HOURS

Full-Day	9:00AM-4:00PM
Extended Hours	8:00AM - 9:00AM

As always, Extended Hours are offered at no additional charge. Extended Hours activities include: board games, legos, reading, drawing/coloring, and other classroom activities. No Martial Arts Instruction is given during this time. NOTE: A \$25 Late Fee will be assessed for all late pick-ups and the doors will remain locked until 8:00AM each morning.

REGISTRATION

At this time, we offer two different ways to register for camps at Alm High! Due to COVID-19, camp pre-payments will be charged no earlier than 2 weeks before the scheduled start date for each camp.

ONLINE: Visit www.almhighma.org/camps and fill out the form near the bottom of page.

PHONE: Give us a call at (503) 298-3277 and we'll be happy to help you out!

PRICING

Due to our capacity limit in observance of the guidelines established by the Oregon Health Authority, all registrations must be made on a Full-Day, Full Week Basis.

FULL WEEK \$340

Discounts offered for early bird registration!

Questions? Please give us a call at (503) 298-3277 or contact our Events Manager, Selina Gonzales, at selina.gonzales@almhighpdx.org

AIMHIGH
ACADEMY OF
MARTIAL ARTS

SUMMER CAMP 2021



WE STRIVE TO OFFER A SAFE, CREATIVE, AND INTEGRATED CAMP ENVIRONMENT FOR ALL KIDS TO LEARN, STAY ACTIVE, AND HAVE

FUN!

EXCITING GAMES
& ACTIVITIES

MARTIAL ARTS
INSTRUCTION

TAKE-HOME
PROJECTS

TEAMBUILDING
& SOCIAL SKILLS

WWW.AIMHIGHMA.ORG/CAMPS

(503)-298-3277

a 501(c)3 nonprofit committed to serving youth and families in our community since 2004

SUMMER CAMP THEMES!

SUMMER KICKOFF

June 21st - June 25th

Summer is finally here...So lets celebrate! We'll jump right in to our first week of camp by playing tons of games, spend tons of time in the sun, learn new Martial Art Skills and set the tone for a summer of FUN!

CREATIVE CREATORS

June 28th - July 2nd

Paint, Pastels and Tie Dye oh my! If you have an artist on your hands, this is the week for you! We'll get a little messy with water marbling, play around with oil pastels and of course Tie Dye 4th of July t-shirts!

STEM WEEK

July 5th - July 9th

Calling all thinkers, builders, science lovers and more! This week combines a little bit of learning and a whole lot of fun! We'll make kaleidoscopes, balloon hovercrafts, and even create our own tensile bubble wands!

OUTDOOR EXPLORER

July 12th - July 16th

Lets get outside! We'll head to the nature trails to check out some local wildlife! Practice creating sun art projects, Bird feeders, and decorate your own plant pot before you take it home! Don't forget the DIY Smores!

MISSION IMPOSSIBLE

July 19th - July 23rd

This week is bound to become a new favorite! We'll crack top secret codes, test our skills on an obstacle course, becomes masters of disguise and try our hand at solving a crime!

JEDI RETURNS

July 26th - July 30th

Use the force and test your jedi skills. We'll create our own galaxies, explore constellations, create some character art, take home DIY moon sand and so much more! The Force is strong with this one!

POKEMON TRAINER

August 2nd - August 6th

Pokemon Trainers come one, come all and join us as we attempt to "Catch Em All!" We'll head to some local Pokestops for Pokemon Go, complete activities to "hatch" a new pokemon and turn our favorite characters into art!

WILD WATERS

August 9th - August 13th

Leave your flippers at home but don't forget your towel! Come spend the week outside enjoying tons of water games, sunshine and DIY ice cream! This wild week is an Aim High Favorite - you won't want to miss!

NINJAS & NUNCHUKS

August 16th - August 20th

Calling all Ninjas! This whole week is dedicated to perfecting your skills! We'll run Obstacle Courses, master our Martial Arts, Break Boards, make perler bead Ninja Stars and more!

TREASURE ISLAND

August 23rd - August 27th

Ahoy Mates! Grab your map and lets explore! We'll make our own treasure filled slime, send messages in a bottle, practice our sword skills and head on a scavenger hunt! Don't jump ship or you'll miss all the fun!

SUMMER SEND OFF

August 30th - September 3rd

This may be the last week, but the fun isn't over just yet! We'll do water toy art projects, play tons of group games, and spend the last few days of summer enjoying the sunshine and finish with a movie and popcorn before we say "See ya later Summer!"



AIM HIGH SUMMER CAMP PRICING

EARLY BIRD REGISTRATION

TOTAL COST

Registrations completed on or before- April 10th

10% Discount

\$306 per week

Registrations completed on or before - May 8th

5% Discount

\$323 per week

All Registrations completed after May 8th

No Discount

\$340 per week

All early registrations MUST sign up for 8 or more weeks to receive discounted rates.

503-298-3277

Selina.Gonzales@aimhighpdx.org

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For Registration, please visit our front desk or www.aimhighma.org/camps